

Major B De Jarnette, DO, DC. Founder and Developer of Sacro Occipital Technique

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Narrative:

Dr. De Jarnette was a pioneer in the early times of chiropractic. He devoted his life to trying to understand the complexity of the human body. His analytical lens was 3-fold, utilising engineering, osteopathic, and chiropractic concepts. His education and early times in chiropractic research allowed De Jarnette to develop a base of chiropractic knowledge that would be tough to duplicate by one person today.

His concept was to develop a way to functionally read a patient's physiological presentation to treat patients more efficiently. He realized the patients he treated had similar biomechanical dysfunctions and associated indicators. These dysfunctions and indicators would be the foundation of his category system approach to patient care. The categories, originally 21 and narrowed to 3 basics, represented dysfunction in critical areas of patient physiology:

- Category 1 relating to a patient's CSF circulation ability/dysfunction
- Category 2 was a foundational fault relating to instability/hypermobility of the SI joint complex
- Category 3 was essentially our limitation of matter, resulting in lumbar disc herniation with associated sciatica.

De Jarnette was born on December 23, 1899, and raised in Nebraska. After high school, he accepted a scholarship as an apprentice in experimental engineering. In 1918, he moved to Detroit to work as a design engineer at Timken Detroit Axel Co. While working at the company, He was injured in a boiler explosion that killed 5 of his coworkers. Severely injured and unable to continue working, he sought osteopathic care for his condition. Treatment for his injuries

consisted of spinal and cranial therapies. Dr Garner Sutherland, DO, considered the founder of cranial osteopathy, personally treated him.

While receiving care, De Jarnette decided to pursue a DO degree. He attended Dearborn College of Osteopathy located in Elgin, IL. Dr Charles H Murray DO founded the college in 1912 out of his home based on his osteopathic textbooks. Murray ran the college with faculty assistants and considered building a college from that. De Jarnette graduated from Dearborn in 1922.

After receiving his degree from Dearborn, Dr De Jarnette returned to Nebraska. While in Lincoln, he met with Dr NB Crabtree, president of the Nebraska College of Chiropractic. Crabtree encouraged De Jarnette to further his education and acquire his DC degree in 1924. De Jarnette opened his practice in Nebraska City, Nebraska, in June 1925. His practice was located above The Farmers Bank and would be where he continued to develop his queries in chiropractic.

With this unique education, he spent the rest of his life developing his technique and helping people. Over his chiropractic career, he authored over 135 volumes of information on his technique.

DeJarnette's path to becoming a chiropractor is interesting and gives valuable insight into his methods of developing the Sacro Occipital Technique.

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About the practitioner



Chad Hagen DC is is a 2005 Palmer graduate and second generation chiropractor. Classically trained in Atlas Orthogonal and a Certified SOT® Instructor, Dr Chad's private practice specialises in these techniques located in Bettendorf, Iowa. As Assistant Professor at Palmer Davenport, Dr Chad teaches in both the Technique and Philosophy Departments. His instructional focus is Subluxation Analysis, Toggle Recoil, Chiropractic Theory, and both the Sacro-Occipital Technique electives. Dr Hagen is also Advisor for the SOT and Palmer Upper Cervical clubs.

